

8th Grade

LESSON	BEFORE BEGINNING...	STUDENTS WILL...
<p>Skills</p> <p>🕒 30 to 40 minutes</p> <p>KNOW</p>	<p>✓ Save 3 careers</p>	<ul style="list-style-type: none"> • Explore how school, extracurricular, and leisure activities help build skills • Identify skills needed for a variety of occupations • Investigate career options related to their own skills
<p>Explore Career Matches</p> <p>🕒 30 to 40 minutes</p> <p>KNOW EXPLORE</p>	<p>✓ Complete the <i>Matchmaker</i> quiz</p> <p>✓ Save 3 careers</p>	<ul style="list-style-type: none"> • Investigate central, secondary, and other aspects of the career match assessment, and how they relate to careers • Reflect on their own career assessment results • Explore the aspects of a career that interests them
<p>Transition to High School</p> <p>🕒 20 to 30 minutes</p> <p>PLAN GO!</p>	<p>✓ Save at least 5 interests</p>	<ul style="list-style-type: none"> • Explore ways to make their transition to high school easier and more successful • Identify questions and concerns they might have about transitioning to high school • Explore clubs, activities, and other resources to help handle the transition to high school • Develop strategies to deal with transitions
<p>Self-Advocacy</p> <p>🕒 20 to 30 minutes</p> <p>KNOW GO!</p>	<p>✓ Students can dive right in!</p>	<ul style="list-style-type: none"> • Identify situations where they may need or want to advocate for themselves or others • Explore effective advocacy skills and behaviors, such as leadership, confidence, and communication • Explore ways they can advocate for themselves in school, the community, at home, and in a career

Suggested activities



ABOUT ME

- ✓ Complete the *Matchmaker* quiz
- ✓ Update *Skills*, Interests and *Storyboard*
- ✓ Add life and education experiences to the *Experiences Timeline*

GOALS & PLANS

- ✓ Begin a four-year high school course plan

EXPLORE OPTIONS

- ✓ Choose career profiles of interest and find out why certain options may be a better fit than others by reviewing *Matchmaker* answers
- ✓ Focus on the education section in a career profile and explore schools offering related training
- ✓ Choose a career profile and save it, record feelings about saved careers, and further investigate these options.